



Discover and heal with *The Infinity Way™*

We are so excited you made this investment in yourself! We're ALL looking forward to digging into your case.

Here are the 5 steps to do next:

1. You will receive a separate email with the portal login information from a platform called **Kajabi**. You can get started working on the program right away!! Check your spam. If you do not have it today, please let us know ASAP. Here is the link for the Kajabi login page: [Kajabi](#)
2. Here is our private Facebook group as well:
<https://www.facebook.com/groups/1740335986273364/members/>
You have been invited to join. I will also add you to the Practice Better group chat. Please look for a welcome chat from Practice Better.
3. As part of your program, you get monthly 1-1 calls with your assigned doctor.
Dr. Wards will be working with you. Here is her link: [Dr. Wards](#)

Select "Book Now" and find a day and time that works best for you.
Typically, we space them out about every 30 days.

Chances are we will already have your first visit booked, and we will reschedule you at each call, but I am giving you the link just in case you ever need it.

Other calls to book right away:

4. Mindset Coach – Brooke. Start by clicking the link below to book an appointment, or call 512-431-6527.
Here is [Brooke's Scheduling Link](#)
5. Functional Nutritionist – Karly. Start by clicking the link below to book an appointment, or call 614-578-3831. Book your second appointment also in month 1. Here is [Karly's Scheduling Link](#)

If you feel confused about your next step in the program refer to the outline in the Welcome video to know Your exact next step or be sure to hop on a group call and ask questions. If you don't exactly feel comfortable sharing that in our group (I totally understand it can feel a bit scary sharing in the beginning) just send my office an SOS email at info@AustinHolistcDr.com or call us at 512.328.0505.

Here is where you can order the supplements your doctor recommends. [Infinity Way™ Members Only](#)

I look forward to helping you figure out your case and getting your life back on track!

I look forward to our calls together. And just know I might check in from time to time just to see how things are going!

Lastly, our weekly group check in is via **Zoom on Wednesdays at 12 PM Central**. I will add you to the Google invite / reminder emails. [Weekly Check In Zoom Link](#)

Looking forward to this!

Dr. Wards and team